# Your Life. Your Work, Your Best.®

Your GuidanceResources® Program

Sometimes life can feel overwhelming. It doesn't have to. Your ComPsych® GuidanceResources® program provides confidential counseling, expert guidance and valuable resources to help you handle any of life's challenges, big or small.

Life is challenging.

We can help.

Confidential 24/7 support.

# One merica Financial



OneAmerica Financial® is the marketing name of the companies of OneAmerica Financial. OneAmerica Financial markets ComPsych® services. ComPsych® is not an affiliate of the companies of OneAmerica Financial.

#### Services:

#### **Confidential Emotional Support**

- · Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship/marital conflicts

## Work and Lifestyle Support

- Child, elder and pet care
- · Moving and relocation
- Shelter and government assistance

#### Legal Guidance

- · Divorce, adoption and family law
- · Wills, trusts and estate planning
- Free consultation and discounted local representation

#### **Financial Resources**

- · Retirement planning, taxes
- · Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy and more

# Digital Support

- Connect to counseling, work-life support or other services
- Tap into an array of articles, podcasts, videos, slideshows
- Improve your skills with On-Demand trainings

## **Online Will Preparation**

- Quickly and easily complete a will on your computer with EstateGuidance®
- Specify guardians, trustees and property division
- Provide funeral and burial instructions



24/7 Live Assistance: Call: 855.387.9727 TRS: Dial 711



Online: <u>guidanceresources.com</u>
App: GuidanceNow<sup>SM</sup>
Web ID: ONEAMERICA3

